

FOR IMMEDIATE RELEASE

#20-11

John Cummings, MHRBWCC Deputy Director – Communications (513) 695-2350

jcummings@mhrbwcc.org

Crisis Hotline available to help residents who feel isolated as Coronavirus crisis continues

LEBANON, Ohio, April 7, 2020 – Staying at home under Ohio's stay-at-home order may have its perks, like waking up later, not having to change out of your pajamas, or getting home tasks done faster. But for some, the time can feel like it's never going to end, and that may create feelings of isolation that affect a person's mental health.

"During this time, our crisis hotline is more important than ever," said Colleen Chamberlain, executive director of Mental Health Recovery Board Serving Warren & Clinton Counties. "Even though they are trained to handle crisis calls, the hotline staff can also be a listening ear for people who are feeling concerned and having trouble easing their anxiety around coronavirus."

Chamberlain said right now, the hotline hasn't seen a surge in calls, but "we are certainly anticipating an uptick in the coming weeks as the stay-at-home order continues. That's why the hotline is prepared right now to take all types of calls, not just crisis concerns."

Warren and Clinton County residents can reach the hotline anytime 24 hours a day, seven days a week at (877) 695-6333.

About MHRBWCC

Mental Health Recovery Board Serving Warren & Clinton Counties (MHRBWCC) is the local board of mental health and addiction services for residents of Warren and Clinton Counties. MHRBWCC plans, funds, monitors, and evaluates services and programs provided by various agencies that care for residents living with mental health and addiction issues. For more information, visit mhrbwcc.org.